

# DELI KITCHEN

Aspens  
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## Mid Morning Break Monday

Chicken Protein Pot	£2.20
Chicken Burger	£2.30
Sausage Breakfast Bap	£2.00
Chicken Star Wrap	£2.10
Cheesy Nachos	£1.00
Brunch Bean Pot	£2.00
Sweet Popcorn	£0.60
Chocolate Twist	£1.90
Pepperoni Pizza Panini	£1.60

## Cold Deli

Selection of freshly made Sandwich, Baguettes & Wraps	£1.40-£2.50
Chicken Crunch Pasta Salad	£2.50
Tuna Mayo Pasta Salad	£2.40
Cheese & Tomato Pasta Salad	£2.00
Tomato Pasta Salad	£1.80
Chicken Tikka Salad	£2.50
Chicken Caesar Salad	£2.50
Roasted Vegetable Couscous	£2.20
Salad of the Week	£2.00-2.50
Selection of Fresh Fruit Pots	£1.30
Whole fresh Fruit	£0.50
Selection of cold desserts	£1.00-£2.30

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## Mid Morning Break Tuesday

Boiled Egg and Spinach Protein Pot	£2.20
Sausage Roll	£1.70
Southern Fried Chicken Goujons	£2.00
Pizza Bagel	£1.70
Piri Piri Chicken Wings	£2.00
Boston Hash Bean Pot	£2.00
Salted Popcorn	£0.60
Hash Brown & Sausage	£1.30
Waffles	£1.80
Cheese Croissant	£1.90

### Cold Deli

Selection of freshly made Sandwich, Baguettes & Wraps	£1.40-£2.50
Chicken Crunch Pasta Salad	£2.50
Tuna Mayo Pasta Salad	£2.40
Cheese & Tomato Pasta Salad	£2.00
Tomato Pasta Salad	£1.80
Chicken Tikka Salad	£2.50
Chicken Caesar Salad	£2.50
Roasted Vegetable Couscous	£2.20
Salad of the Week	£2.00-2.50
Selection of Fresh Fruit Pots	£1.30
Whole fresh Fruit	£0.50
Selection of cold desserts	£1.00-£2.30

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## Mid Morning Break Wednesday

Chicken Protein Pot	£2.20
Cheeseburger	£2.40
Bacon Breakfast Wrap	£2.20
Cheese & Tomato Star Wrap	£2.10
Cheesy Nachos	£1.00
Healthy Brunch Bean Pot	£2.00
Sweet & Salty Popcorn	£0.60
Pizza Panini Cheese & Vegetable	£1.40
Pain au Choc	£1.40
Cajun Potato Wedges	£1.20

### Cold Deli

Selection of freshly made Sandwich, Baguettes & Wraps	£1.40-£2.50
Chicken Crunch Pasta Salad	£2.50
Tuna Mayo Pasta Salad	£2.40
Cheese & Tomato Pasta Salad	£2.00
Tomato Pasta Salad	£1.80
Chicken Tikka Salad	£2.50
Chicken Caesar Salad	£2.50
Roasted Vegetable Couscous	£2.20
Salad of the Week	£2.00-2.50
Selection of Fresh Fruit Pots	£1.30
Whole fresh Fruit	£0.50
Selection of cold desserts	£1.00-£2.30

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## Mid Morning Break Thursday

Chicken Protein Pot	£2.20
Sausage Roll	£1.70
Hot Dog	£2.00
Cheesy Garlic Bread	£1.60
Chimichurri Chicken Wings	£2.00
Sausage & Egg Muffin	£3.00
Sweet Popcorn	£0.60
Pepperoni Pizza	£1.80
Chocolate Twist	£1.90
Ham & Cheese Croissant	£1.90

### Cold Deli

Selection of freshly made Sandwich, Baguettes & Wraps	£1.40-£2.50
Chicken Crunch Pasta Salad	£2.50
Tuna Mayo Pasta Salad	£2.40
Cheese & Tomato Pasta Salad	£2.00
Tomato Pasta Salad	£1.80
Chicken Tikka Salad	£2.50
Chicken Caesar Salad	£2.50
Roasted Vegetable Couscous	£2.20
Salad of the Week	£2.00-2.50
Selection of Fresh Fruit Pots	£1.30
Whole fresh Fruit	£0.50
Selection of cold desserts	£1.00-£2.30

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## Mid Morning Break Friday

Boiled Egg and Spinach Protein Pot	£2.20
Chicken Nuggets	£1.60
Bacon Bap	£2.20
Chicken Star Wrap	£2.10
Cheesy Nachos	£1.00
Spiced Mexican Bean Pot	£2.00
Salted Popcorn	£0.60
Hash Browns	£1.30
Waffles	£1.80
Cheese & Ham Pizza Panini	£1.60

## Cold Deli

Selection of freshly made Sandwich, Baguettes & Wraps	£1.40-£2.50
Chicken Crunch Pasta Salad	£2.50
Tuna Mayo Pasta Salad	£2.40
Cheese & Tomato Pasta Salad	£2.00
Tomato Pasta Salad	£1.80
Chicken Tikka Salad	£2.50
Chicken Caesar Salad	£2.50
Roasted Vegetable Couscous	£2.20
Salad of the Week	£2.00-2.50
Selection of Fresh Fruit Pots	£1.30
Whole fresh Fruit	£0.50
Selection of cold desserts	£1.00-£2.30